



# Asbestos Safety

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## Overview of Asbestos Training Courses and Requirements

Asbestos awareness training is legally required for anyone who may be exposed to asbestos containing materials (ACM's) during their work and those that supervise their activities. Successful completion of the course will demonstrate a basic awareness of asbestos and compliance with Regulation 10 of the Control of Asbestos Regulations 2012.

The Control of Asbestos Regulations 'CAR 2012' places requirements on duty-holders to protect people from exposure to asbestos fibres, this includes employees, contractors, visitors, and members of the public.

Every organisation has a duty to manage asbestos in their premises and this is completed by means of a management plan. The plan must locate the asbestos within their building, confirm what type of asbestos is present and determine its condition. This information is normally obtained by carrying out an asbestos survey. In domestic properties there is no requirement for homeowners to create a management plan, but if one of your employees carries out work likely to disturb asbestos in a domestic premises the duty to manage passes on to the employer of the worker carrying out the work.

Training of employees is a mandatory requirement and form part of all management plans. Asbestos training can come in many forms, however within Regulation 10 of CAR 2012 this training should be suitable and sufficient to the role of that individual.

Prior to 2008 the HSE held a list of Asbestos training providers known as the Asbestos Training Providers' Working Group ATPWG. Since then two organisations, UKATA and IATP have taken the lead in setting standards for training.



Ouch Learning and Development is a CITB Approved Training Organisation.

Funding available through the CITB network or CITB grants for construction companies\*.

*\*eligibility criteria applies. Please ask us for more details*

# Asbestos Awareness (CAT A)

Asbestos Awareness training is legally required for workers and supervisors who may be exposed to asbestos containing materials (ACMs) during their work but are not required to work with or remove asbestos. This training is designed to provide information on how to avoid work that may disturb asbestos. If a worker is planning on carrying out work that will disturb asbestos, further training will be required in addition to asbestos awareness. Successful completion of the course will demonstrate a basic awareness of asbestos and compliance with Regulation 10 of the Control of Asbestos Regulations, 2012.

## Who needs this qualification?

Asbestos Awareness training is designed for employees whose work could expose them to asbestos. The training is also useful for anyone requiring a better understanding of the basic elements of asbestos and is a good 'stepping stone' to more in-depth courses.

Occupations that may require asbestos awareness training include (but are not limited to):

- Construction workers
- Demolition workers
- Roofers
- Heating engineers
- Plasterers
- Carpenters
- Plumbers
- Painters and decorators

## Why is this training important?

Asbestos Awareness training helps promote a safe work environment and enables participants to recognise and report potential hazards, ensuring that appropriate precautions are taken to prevent exposure and protect workers' health.

## Course content

- Module 1a: History and properties of asbestos
- Module 1b: Health effects of asbestos
- Module 2: Types, uses and likely occurrences of ACMs
- Module 3: Avoiding the risk of exposure
- Module 4: Legislation

**Certificated by:** IATP or UKATA

**Duration:** Half day

**Assessment:** Multiple choice exam

**Prerequisites:** None

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 15 learners per trainer

**Delivery formats available:** Face-to-face / Live online

**Open courses  
available**

**In-house / onsite  
training available**

## Asbestos Awareness (CAT A)

### Learning outcomes

Upon completion of the course, learners will have:

- An understanding of the legislation relating to asbestos
- An understanding of how asbestos can damage your health
- Knowledge on how to decipher the types, uses and likely occurrences of asbestos
- An understanding of the use of Management Plans to prevent asbestos fibre disturbance
- Knowledge of emergency procedures



## Included in the price:



Interactive and engaging course



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Course manual & materials



Automatic email reminders for certificate expiries

# Asbestos Awareness Refresher(CAT A)

There is no legal requirement to repeat a formal refresher awareness training course every 12 months. However, some form of refresher awareness should be given, as necessary' CAR 2012 – ACoP (L143 second edition)

Asbestos Awareness training is legally required for anyone who may be exposed to asbestos-containing materials (ACMs) during their work and those that supervise their activities. Employees who have conducted initial awareness training within the previous prescribed time period (12-18 months) and can satisfy the requirements of the training needs analysis (TNA) are not required to attend a full asbestos awareness training course, however, it is advised that some form of refresher training is conducted.

## Who needs this qualification?

Asbestos Awareness Refresher training is designed for employees whose work could expose them to asbestos and have a valid Asbestos Awareness certificate they need to refresh.

Occupations that may require Asbestos Awareness training include (but are not limited to):

- Construction workers
- Demolition workers
- Roofers
- Heating engineers
- Plasterers
- Carpenters
- Plumbers
- Painters and decorators

## Why is this training important?

Asbestos Awareness training helps promote a safe work environment and enables participants to recognise and report potential hazards, ensuring that appropriate precautions are taken to prevent exposure and protect workers' health.

## Course content

- Module 1a: History and properties of asbestos
- Module 1b: Health effects of asbestos
- Module 2: Types, uses and likely occurrences of ACMs
- Module 3: Avoiding the risk of exposure
- Module 4: Legislation

**Certificated by:** IATP or UKATA

**Duration:** 2 hours

**Assessment:** Multiple choice exam

**Prerequisites:** A valid Asbestos Awareness certificate

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 15 learners per trainer

**Delivery formats available:** Face-to-face / Live online

**Open courses  
available**

**In-house / onsite  
training available**



## Asbestos Awareness Refresher (CAT A)

### Learning outcomes

Upon completion of the course, learners will have:

- An understanding of the legislation relating to asbestos
- An understanding of how asbestos can damage your health
- Knowledge on how to decipher the types, uses and likely occurrences of asbestos
- An understanding of the use of management plans to prevent asbestos fibre disturbance
- Knowledge of emergency procedures



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# Asbestos Awareness for Groundworkers

Awareness training for ground workers is an adapted Asbestos Awareness course which is designed to more suit the needs of employees whose primary roles involve groundworking. This course focuses on the risks of exposure to asbestos when working on brownfield sites, made ground and contaminated land.

## Who needs this qualification?

Any persons who may encounter asbestos containing materials during their day to day work activities whilst undertaking ground work activities. This would normally include, but is not limited to:

- Site investigation engineers
- Utilities installation and maintenance engineers
- Ground works operatives, including ground drilling and manual excavations, fencing installation, on site remediation and waste disposal
- Any other persons likely to disturb asbestos containing materials as defined in CAR 2012 and JIWG CAR-SOIL 2016

## Why is this training important?

This course will provide an awareness of inground conditions and develop knowledge amongst employees regarding the hazards and risks posed by soils and ground on sites that may contain ACSs. The course further gives an overview of the legislative measures and guidance available to safeguard employees.

## Course content

- Module 1a: History and properties of asbestos
- Module 1b: Health effects of asbestos
- Module 2: Types, uses and likely occurrences of ACMs
- Module 3: Avoiding the risk of exposure
- Module 4: Legislation

**Certificated by:** UKATA

**Duration:** Half day

**Assessment:** Multiple choice exam

**Prerequisites:** None

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 15 learners per trainer

**Delivery formats available:** Face-to-face / Live online

**In-house / onsite training available**

## Asbestos Awareness for Groundworkers

### Learning outcomes

Upon completion of the course, learners will have:

- An understanding of the legislation relating to asbestos in soils
- An understanding of out how damaging asbestos can be to your health
- Knowledge on how to identify the presence of asbestos in soils
- An understanding of the control of asbestos fibre released from asbestos in soils
- Knowledge of emergency procedures



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# Asbestos Awareness for Groundworkers Refresher

Awareness Refresher training for ground workers is an adapted Asbestos Awareness course which is designed to more suit the needs of employees whose primary roles involve groundworking. This course focuses on the risks of exposure to asbestos when working on brownfield sites, made ground and contaminated land.

## Who needs this qualification?

This course is suitable for anyone who has completed an initial Asbestos Awareness for Groundworkers course within the last 12-18 months and need to refresh. This would normally include, but is not limited to:

- Site investigation engineers
- Utilities installation and maintenance engineers
- Ground works operatives, including ground drilling and manual excavations, fencing installation, on site remediation and waste disposal
- Any other persons likely to disturb asbestos containing materials as defined in CAR 2012 and JIWG CAR-SOIL 2016

## Why is this training important?

This course will provide an awareness of inground conditions and develop knowledge amongst employees regarding the hazards and risks posed by soils and ground on sites that may contain ACSs. The course further gives an overview of the legislative measures and guidance available to safeguard employees.

## Course content

- Module 1a: History and properties of asbestos
- Module 1b: Health effects of asbestos
- Module 2: Types, uses and likely occurrences of ACMs
- Module 3: Avoiding the risk of exposure
- Module 4: Legislation

**Certificated by:** UKATA

**Duration:** 2 hours

**Assessment:** Multiple choice exam

**Prerequisites:** A valid Asbestos Awareness for Groundworkers certificate

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 15 learners per trainer

**Delivery formats available:** Face-to-face / Live online

**In-house / onsite training available**

## Asbestos Awareness for Groundworkers Refresher

### Learning outcomes

Upon completion of the course, learners will have:

- An understanding of the legislation relating to asbestos in soils
- An understanding of out how damaging asbestos can be to your health
- Knowledge on how to identify the presence of asbestos in soils
- An understanding of the control of asbestos fibre released from asbestos in soils
- Knowledge of emergency procedures



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# Duty to Manage Asbestos

Your organisation has a legal duty to manage asbestos and ensure the safety of all affected by your work. This course will show you how to do this in a practical way to reassure all concerned. You will find this course invaluable in giving your staff the tools to enable your business, no matter what size, to carry out its duties in respect of asbestos legislation and compliance.

## Who needs this qualification?

This course is directed at those who manage non-domestic premises; the people with responsibility for protecting others who work in such premises, or use them in other ways, from the risks to ill health that exposure to asbestos causes.

## Why is this training important?

The revised Approved Code of Practice 'ACOP L143 Managing and working with asbestos' contains updated information about the requirements to manage asbestos under regulation 4 CAR 2012. The course includes asbestos awareness but focuses on compliance and how to manage asbestos-containing materials within your premises.

## Course content

- Awareness and training requirements for staff and contractors
- HSG264 the surveyors guide
- Understanding asbestos surveys
- Emergency procedures
- Asbestos legislation
- Surveyor training and accreditation
- Survey planning
- Managing asbestos in buildings

**Certificated by:** IATP or UKATA

**Duration:** 1 day

**Assessment:** Multiple choice exam

**Prerequisites:** None

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 10 learners per trainer (face-to-face) / Maximum 8 learners per trainer (live online)

**Delivery formats available:** Face-to-face / Live online

**Open courses  
available**

**In-house / onsite  
training available**

## Duty to Manage Asbestos

### Learning outcomes

Upon completion of the course, learners will be able to:

- Identify the requirements of the Duty to Manage Asbestos in non-domestic premises
- Understand the requirements for asbestos surveying and the differing types of surveys
- Outline the requirements and contents of asbestos survey reports
- Outline the requirements and contents of asbestos management plans
- Outline licensable, non-licensable and notifiable non-licensable work with asbestos and the requirements for each



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# Non-Licensed Asbestos Work (CAT B)

This course gives delegates the theoretical and practical skills to undertake non-licensed works with asbestos-containing materials. Persons requiring this type of training would include trade operatives undertaking tasks with asbestos-containing materials as defined in HSG210 and in accordance with CAR 2012 Reg 3(2).

## Who needs this qualification?

Workers who may need this level of information, instruction and training include all types of tradespeople whose work will require them to disturb asbestos-containing materials, such as:

- Drilling holes in asbestos materials
- Laying cables in areas containing undamaged asbestos materials
- Removing asbestos-containing floor tiles
- Cleaning or repairing asbestos cement sheet roofing or cladding

## Why is this training important?

The Control of Asbestos Regulations 2012 requires every employer to ensure that adequate information, instruction and training is given to their employees who are; or who are liable to be exposed to asbestos, or who supervise such employees. The course enables employees to take necessary measures to safeguard themselves and others affected by work activities.

## Course content

- Legislation
- Asbestos Zones
- EM 4 Use of Class H Vacuum
- EM 5 Wetting asbestos materials
- EM 6 Personal protective equipment (PPE)
- EM 7 Using damp rags to clean surfaces of minor asbestos contamination
- EM 8 Personal decontamination
- EM 9 Disposal of asbestos waste
- EM 10 Statement of cleanliness after textured coating removal
- Risk assessment and plan of work
- Emergency procedures

**Certificated by:** IATP or UKATA

**Duration:** 1 day

**Assessment:** Multiple choice exam

**Prerequisites:** A valid Asbestos Awareness certificate

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 10 learners per trainer

**Delivery formats available:** Face-to-face

**Open courses  
available**

**In-house / onsite  
training available**

## Non-Licensed Asbestos Work (CAT B)

### Learning outcomes

Upon completion of the course, learners will be able to:

- Recognise why asbestos is dangerous
- Know the different types of asbestos and their properties
- Demonstrate a knowledge of asbestos applications – the places and materials in which it is used
- Demonstrate a knowledge of asbestos related legislation
- Demonstrate a knowledge of the equipment and method sheets contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Work with asbestos cement (AC) (non-licensed)' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Working with textured coatings (TC) containing asbestos (non-licensed)' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Safe work with undamaged asbestos materials' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheet associated with 'Fly-tipped waste' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Strictly controlled minor work on asbestos insulating board (AIB)' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Removal and replacement of other asbestos containing materials' contained in HSG210 'Asbestos Essentials'

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# Non-Licensed Asbestos Work Refresher (CAT B)

This course updates the knowledge of delegates who have previously completed a non-licensed asbestos working qualification. Persons requiring this type of training would include trade operatives undertaking tasks with ACMs as defined in HSG210 and in accordance with CAR 2012 Reg 3(2).

## Who needs this qualification?

Workers who may need this level of information, instruction and training include all tradespeople who undertake tasks that may disturb asbestos and have completed an initial non-licensed asbestos working qualification within the previous 18 months.

## Why is this training important?

The Control of Asbestos Regulations 2012 requires every employer to ensure that adequate information, instruction and training is given to their employees who are; or who are liable to be exposed to asbestos, or who supervise such employees. The course enables employees to take necessary measures to safeguard themselves and others affected by work activities.

## Course content

Course content is dependent upon a Training Needs Assessment 'TNA' but will include:

- Legislation
- Asbestos zones
- EM 6 Personal protective equipment (PPE)
- EM 8 Personal decontamination
- EM 9 Disposal of asbestos waste
- Risk assessment and plan of work
- Emergency procedures

**Certificated by:** IATP or UKATA

**Duration:** 4 hours

**Assessment:** Multiple choice exam

**Prerequisites:** A valid Non-Licensed Asbestos Work certificate and a valid Asbestos Awareness certificate.

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 10 learners per trainer

**Delivery formats available:** Face-to-face / Live online

**Open courses  
available**

**In-house / onsite  
training available**

## Non-Licensed Asbestos Work Refresher (CAT B)

### Learning outcomes

Upon completion of the course, learners will be able to:

- Recognise why asbestos is dangerous
- Know the different types of asbestos and their properties
- Demonstrate a knowledge of asbestos applications – the places and materials in which it is used
- Demonstrate a knowledge of asbestos related legislation
- Demonstrate a knowledge of the equipment and method sheets contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Work with asbestos cement (AC) (non-licensed)' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Working with textured coatings (TC) containing asbestos (non-licensed)' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Safe work with undamaged asbestos materials' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheet associated with 'Fly-tipped waste' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Strictly controlled minor work on asbestos insulating board (AIB)' contained in HSG210 'Asbestos Essentials'
- Demonstrate a knowledge of the task sheets associated with 'Removal and replacement of other asbestos containing materials' contained in HSG210 'Asbestos Essentials'

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# Non-Licensed Asbestos Groundworker

Non-Licensed Asbestos Groundworkers training is an adapted Non-Licensed Asbestos Work course which is designed to more suit the needs of employees whose primary roles involve groundworking.

## Who needs this qualification?

Any persons carrying out non-licensed works with asbestos containing materials, as laid down in CAR 2012, Reg 3(2) and as described in JIWG CAR-SOIL 2016. This would normally include, but is not limited to:

- Site investigation engineers
- Utilities installation and maintenance engineers
- Ground works operatives, including ground drilling and manual excavations, fencing installation, on site remediation and waste disposal
- Any other persons likely to disturb and carry out work on asbestos containing materials as defined in CAR 2012 and JIWG CAR-SOIL 2016.

## Why is this training important?

The Control of Asbestos Regulations 2012 requires every employer to ensure that adequate information, instruction and training is given to their employees who are; or who are liable to be exposed to asbestos, or who supervise such employees. The course enables employees to take necessary measures to safeguard themselves and others affected by work activities.

## Course content

- Asbestos in soils origins
- Distinction between LW, NLW and>NNLW
- Explanation of the different types of works that can be undertaken and classified as NLW
- Typical types of contamination that can be found below ground level
- Isolation of areas, cordoned off areas, contaminated zones, access and egress points, clear instructions on working practices such as hand picking/machine removal, decontamination of machinery, wetting techniques, assessments of exposure relating to ground disturbance
- Additional legislation
- Risk assessments and plans of work (EM0)

**Certificated by:** UKATA

**Duration:** 1 day

**Assessment:** Multiple choice exam

**Prerequisites:** A current UKATA Asbestos Awareness for Groundworkers certificate (within the the last 6 months)

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 10 learners per trainer

**Delivery formats available:** Face-to-face

**In-house / onsite training available**

## Non-Licensed Asbestos Groundworker

- Accidental disturbance / emergency procedures (EM1)
  - Information, instruction and training (EM2)
  - Use of Class H Vacuum (EM 4)
  - Use of wetting control measures (EM 5)
  - Personal protective equipment (EM 6)
  - Cleaning (EM 7)
  - Decontamination (EM 8)
  - Waste (EM 9)
- decontamination
  - Understand the correct procedure for the transportation and disposal of asbestos waste
  - Develop and prepare risk assessments and a plan of work
  - Understand the emergency procedures for accidental asbestos disturbance
  - Know what to do in the event of fire, gas release or an accident (major or minor)

### Learning outcomes

Upon completion of the course, learners will be able to:

- Demonstrate a knowledge of asbestos related legislation
- Know how to reduce potential contamination and methods to restrict access to work areas
- Understand the correct procedure using a H vacuum
- Know the techniques for wetting asbestos materials
- Understand the types and importance of using

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# Non-Licensed Asbestos Groundworker Refresher

Non-Licensed Asbestos Groundworkers Refresher training is an adapted Non-Licensed Asbestos Work course which is designed to more suit the needs of employees whose primary roles involve groundworking.

## Who needs this qualification?

This course is suitable for those who have completed a Non-Licensed Asbestos Groundworker course within the last 12 months.

## Why is this training important?

The Control of Asbestos Regulations 2012 requires every employer to ensure that adequate information, instruction and training is given to their employees who are; or who are liable to be exposed to asbestos, or who supervise such employees. The course enables employees to take necessary measures to safeguard themselves and others affected by work activities.

## Course content

- Asbestos in soils origins
- Distinction between LW, NLW and NNLW
- Explanation of the different types of works that can be undertaken and classified as NLW
- Typical types of contamination that can be found below ground level
- Isolation of areas, cordoned off areas, contaminated zones, access and egress points, clear instructions on working practices such as hand picking/machine removal, decontamination of machinery, wetting techniques, assessments of exposure relating to ground disturbance
- Additional legislation
- Risk assessments and plans of work (EM0)
- Accidental disturbance / emergency procedures (EM1)
- Information, instruction and training (EM2)
- Use of Class H Vacuum (EM 4)
- Use of wetting control measures (EM 5)
- Personal protective equipment (EM 6)
- Cleaning (EM 7)
- Decontamination (EM 8)
- Waste (EM 9)

**Certificated by:** UKATA

**Duration:** 4 hours

**Assessment:** Multiple choice exam

**Prerequisites:** A valid Non-Licensed Asbestos Groundworker certificate and a valid Asbestos Awareness Groundworkers certificate.

**Validity of award:** 1 year

**Learner-to-trainer ratio:** Maximum 10 learners per trainer

**Delivery formats available:** Face-to-face

**In-house / onsite training available**

## Non-Licensed Asbestos Groundworker Refresher

### Learning outcomes

Upon completion of the course, learners will be able to:

- Demonstrate a knowledge of asbestos related legislation
- Know how to reduce potential contamination and methods to restrict access to work areas
- Understand the correct procedure using a H vacuum
- Know the techniques for wetting asbestos materials
- Understand the types and importance of using the correct PPE
- Demonstrate the correct procedure for personal decontamination
- Understand the correct procedure for the transportation and disposal of asbestos waste
- Develop and prepare risk assessments and a plan of work
- Understand the emergency procedures for accidental asbestos disturbance

- Know what to do in the event of fire, gas release or an accident (major or minor)



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